

FROM THE COMMANDER

95th Soldiers Join Operation Noble Eagle

In this issue of The *Ironman* "The Magazine of the Victory Team" we continue our tradition of focusing on our soldiers and their significant contributions to the training of the Army and the other branches of the Armed Forces.

The 95th Division(IT) is nationally recognized for its professional accomplishments as premier trainers, from Initial Entry Training (TRADOC USAR Drill Sergeant of the Year 2002), TASS instruction (AUSA/ROA USAR 20002 Outstanding Company (HHC 3d Bde) Outstanding Small Unit (HHC 6th Bde) and Outstanding Large Unit (11-95/3) Award) and Professional Development (General Kerwin Award as the outstanding USAR unit for the second year in a row).

Never has one Major Subordinate Command made such a clean sweep in the same year. That is the VICTORY TEAM! at work.

We are now at war with a shadowy adversary, who is disciplined, dedicated, trained, patient and effective.

Make no mistake that one who will take his own life to further a cause, is highly motivated and engaged no matter how misguided.

It is therefore imperative that we acknowledge the enemy for what it is and prepare ourselves mentally, physically, emotionally, and professionally to deal with the threat and to prevail in the struggle.

The soldiers of the 95th Division(IT) are fully capable to do just that. But more importantly they are capable of providing the training to prepare others to deal with and survive the battlefield, wherever it may be.

Victory Division soldiers are mobilized around the world tonight.

The Victory Division patch is being worn in foreign lands to bring liberation and freedom of fear to be beleaguered peoples. And they are serving here at



Maj. Gen. Robert S. Silverthorn, Jr. 95th Division Commander

Home, bringing tough, relevant and thorough training to soldiers. It is that training that makes the American soldier the very best in the world.

As we celebrate the joys of family and friends and our religious freedoms during this holiday season let us be ever mindful that the price of freedom is, in part, eternal vigilance. It is a mission for uniformed soldiers, their families and their employers. It means seizing each day and drinking it in, hugging your loved ones and cherishing your relationships. It is about family, which encompasses the VICTORY TEAM FAMILY. As one team we can achieve everything!

Continue to share the hundreds of stories and tales of the Victory Team with our magazine staff so that we can continue to tell your story of selfless service to Nation and your Communities. We hope you enjoy this latest edition of your *Ironman* magazine.

May the blessing of this joyous season abide with you throughout the coming year. May your individual contributions bring victory over tyranny and peace on Earth, good will towards all.

VICTORYTEAM!

Robert S. Silverthorn, Jr. Major General, USAR



COMMAND GROUP

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The IRONMAN is published twice a year under the provisions of AR 360-81 by the 95th Division (Institutional Training) as an authorized unofficial publication, with a circulation of 4,000.

Newsworthy contributions may be mailed to: Headquarters, 95th Division (IT) ATTN: Public Affairs Office 5316 S. Douglas Blvd., Oklahoma City, OK 73150-9704, or e-mail

The staff reserves the right to edit all material.

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Views, ideas or opinions either expressed or implied in this publication are those of the authors and do not necessarily represent those of the Department of the Army or the 95th Division (IT).



Confidence, Training, Control Fear

It seems like just yesterday we had temperatures in the high 90s and it was August. Then September rolled in and with it a distinct change in weather and the feeling that another year would soon be over. The malls hurried us through Halloween, past Thanksgiving and into the biggest shopping day of the year following Thanksgiving Day. All of a sudden Christmas is looming in the horizon and we haven't had a day's rest. I get tired just thinking about it.

This issue of the Ironman Magazine marks my first anniversary with the Victory Team. It has been a year marked by high achievement for the Division but also a tumultuous year in terms of the transformation our nation and our Army have witnessed. We won Drill Sergeant of the Year at TRADOC, the Kerwin Award for the second year in a row, and the Small, Medium, and Large Unit Excellence Awards. With great pride we deployed and returned home men and women from our 5th and 7th Brigades. Three of our Command Sergeants Major from 3rd Brigade saw service in Bosnia, Kosovo and Sarajevo.

At the same time, our Army is the busiest, most deployed Army in our country's history. New commands have been stood up which include the Accessions Command and the Northern Command, which will have responsibility for Homeland Defense. Once again our



Command Sgt. Maj. Victor A. Gomez. 95th Division Command Sergeant Major

young are being placed in harms way. We remain a nation at war.

The world we live in is infinitely more dangerous today for children and grown-ups alike than at any other time in our nation's history to include World War II. Our Army Reserve is no longer "a reserve force." We are America's front line of defense. Our Army Reserve continues to play a lead role in every major campaign. It isn't over they tell us. If anything, look for an increase in the optempo. Count on it, operations always start during the

holiday season. One would think they do it on purpose, the enemy I mean, so as to separate our soldiers from their families.

I would like to take this opportunity to say thank you for the sacrifices you and your families make in defense of this great nation. I hope that, like our family, you too will feel blessed to live in freedom.

Remember, the giving of gifts lasts only a day, but the giving of self leaves a lasting impression. Thank you for your selfless service. This land will remain the land of the free because it continues to be the home of the brave.

This year has been a year of loss too. With the increase to operations there have been significant increases in lives lost. The Army has experienced a surge in the number of soldiers lost to accidents and suicides. Within our own Victory Team formation there have been losses. The Gomez family would like to take this opportunity to remember those 95th Division families that will be spending this Holiday Season minus a loved one.

May God Bless you and give you his peace. Please take a moment from your busy holiday schedule to thank God for blessing you and yours. I look forward to serving with you in 2003. Have a wonderful holiday season and may God Bless our Army and our Country!

VICTOR A. GOMEZ Command Sergeant Major, USAR

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On the Cover

Sgt. 1st Class Tobias C. Meister, Senior Drill Instructor for the 9503rd Training Detachment, 95th Division (Institutional Training) was named the Training and Doctorine Command's (TRADOC) Army Reserve Drill Sergeant of the Year. (USAR photo by Sgt. 1st Class J.D. Hardesty)



Is that within Army Regulations?

Have questions? We provide answers

The Ironman staff has developed an "Ask the Editor" column to our magazine format in response to questions and concerns coming from our readers.

To find the answers to these questions our staff will research the regulations or forward the query to the appropriate section or directorate for response.

Over the past few months the Ironman staff has received several questions regarding hair and fingernail standards and the wearing of ID tags.

The following excerpts are from Army Regulation 670-1 are provided to address those questions:

1–8. Hair and fingernail standards and grooming policies.

a. Hair

- (1) General. The requirement for hair grooming standards is necessary to maintain uniformity within a military population. Many hairstyles are acceptable, as long as they are neat and conservative.
- (a) Leaders will judge the appropriateness
- of a particular hairstyle by the appearance of headgear when worn. Hairstyles that do not allow soldiers to wear the headgear properly, or that interfere with the proper wear of the protective mask or other protective equipment, are prohibited.
- (b) Extreme, eccentric, or trendy haircuts or hairstyles are not authorized. If soldiers use dyes, tints, or bleaches, they must choose those that result in natural hair colors. Colors that detract from a professional military appearance are prohibited.
- (c) Soldiers who have a texture of hair that does not part naturally may cut a part into the hair. The part will be one straight line, not slanted or curved, and will fall in the area where the soldier would normally part the hair. Soldiers will not cut designs into their hair.

(2) Male haircuts will conform to the following standards.

(a) ...Males are not authorized to wear braids, cornrows or dreadlocks (unkempt, twisted, matted, individual parts of hair) while in uniform or in civilian clothes on duty. Hair that is clipped closely or shaved to the scalp is authorized.

(3) Female haircuts will conform to the following standards.

- (a) ...Females may wear braids and cornrows as long as the braided style is conservative, the braids and cornrows lie snugly on the head, and any hairholding devices comply with the standards in 1–8a(3)(d) below. Dreadlocks (unkempt, twisted, matted individual parts of hair) are prohibited in uniform or in civilian clothes on duty. This includes styles worn with the physical fitness uniform/improved physical fitness uniform.
- (b) Styles that are lopsided or distinctly unbalanced are prohibited. Ponytails, pigtails or braids that are not secured to the head (allowing hair to hang freely), widely spaced individual hanging



Sgt. 1st Class J.D. Hardesty

Ironman Editor

Ask the Editor

locks, and other extreme styles that protrude from the head are prohibited. Extensions, weaves, wigs and hairpieces are authorized; however, these additions must have the same general appearance as the individual's natural hair. Additionally, any wigs, extensions, hairpieces or weaves must comply with the grooming policies set forth in this paragraph.

(d) Hair-holding devices are authorized only for the purpose of securing the hair. All hairholding devices must be plain and of a color as close to the soldier's hair as is possible or clear. Authorized devices include, but are not limited to, small, plain scrunchies (elastic hair bands covered with material), barrettes, combs, pins, clips, rubber bands and hair bands. Devices that are conspicuous, excessive, or decorative are prohibited. Some examples of prohibited devices include, but are not limited to, large, lacy scrunchies; beads, bows, or claw clips; clips, pins, or barrettes with butterflies, flowers, sparkles, gems, or scalloped edges; and bows made from hairpieces.

b. Cosmetics.

(1) General. ...Males are prohibited from wearing cosmetics, to include nail polish.

(a) Females may wear cosmetics if they are conservative and complement the uniform and their complexion.

Eccentric, exaggerated, or trendy cosmetic styles and colors, to include makeup designed to cover tattoos, are inappropriate with the uniform and are prohibited. Permanent makeup, such as eyebrow or eyeliner, is authorized as long as the makeup conforms to the standards outlined above.

- (b) Females will not wear shades of lipstick and nail polish that distinctly contrast with their complexion, that detract from the uniform, or that are extreme. Some examples of extreme colors include, but are not limited to, purple, gold, blue, black, white, bright (fireengine) red, khaki, camouflage colors and fluorescent colors. Soldiers will not apply designs to nails or apply two-tone or multi-tone colors to nails.
- (2)c. Fingernails. Females will not exceed a nail length of 1/4-inch, as measured from the tip of the finger.

1-16. Wear of Identification tags and security badges

- *a.* Identification (ID) tags. The wear of ID tags is governed by AR 600–8–14.
- (1) Soldiers will wear ID tags at all times when in a field environment, while traveling in aircraft and when outside the continental United States.
- (2) Personnel will wear ID tags around the neck, except when safety considerations apply (such as during physical training).

Readers may send their questions via email to pao@usarc-emh2-army.mil or mail to Ask the Editor, 95th DIV (IT) Public Affairs Office, 5316 S. Douglas Blvd. Oklahoma City, OK 73150.



Demobilization



Task Force 379 soldiers demobilized and returned home after 12 months active duty at Fort Sill, Okla. in support of Operation Noble Eagle and Enduring Freedon. Forty-Five soldiers answered the nation's call.



First Sgt. John Williams encases the 95th (AG) Bn., Battery B Guidon at the demobilization ceremony at Fort Sill, Okla.

Welcome home Task Force 379

Story and Photos By Sgt. 1st Class J.D. Hardesty Ironman Editor

Task Force 379, a joint mission of 45 soldiers called to active duty in support of Operation Noble Eagle and Enduring Freedom, was sent home in October after serving the nation for a year at Fort Sill, Okla.

Seventh Brigade soldiers – 25 from 1st Battalion 379th Regiment. in Oklahoma City and 20 from 2nd Bn., 379th Regt. in Arkadelphia, Ark. — join 18 soldiers from the 95th Division's 5th Brigade to return home after being called to active duty in response to the events of September 11.

Task Force 379, also known as Bravo Battery, was assigned to the 95th Adjutant General Reception Battalion at Fort Sill.

Their mission for the past 12 months was to in-process and retrain Inactive Ready Reservists, Individual Mobilization Augmentees and Reserve Retirees with military intelligence military occupational specialties.

"We deployed with 48 hours notice," Capt. Kirk A. Fenton, detachment commander, said. "We took our knowledge and very little equipment with us."

"This is uncharted territory," said Commanding General Maj. Gen. Robert S. Silverthorn, Jr., of his Task Force soldiers, who were 45 of more than one million called to active service by President George W. Bush in response to the terrorist attacks on



Demobilization

Welcome home....

the World Trade Center and the Pentagon.
Fenton said they downloaded the
primary outline of instruction (POI) needed
from Fort Benning, Georgia's website.
Soldiers used personal laptops, cell
phones and other personal equipment until
a budget was established to fund the Task
Force's operational needs.

"We saved the Army thousands of dollars because of our acquisition expertise," he said. "All of the equipment we purchased was turned in to Fort Sill. One of our biggest lessons learned was that we need to take computers, multimedia projectors and other equipment with us if we are called to active duty in the future.

"We were fortunate," said Fenton.
Fenton, a native of Sherwood, Ark., will return to his job as a probation officer for the district court. "These soldiers are not privates just coming in to the military. Our in-processing and training requirements were flexible to better meet our mission's needs."

Fenton explained that the Task Force's

flexibility "integrated security clearances into our in-process system because the soldiers we were training were from the Military Intelligence branch."

While the Task Force's primary mission was to familiarize soldiers called to active duty with common task training, they also included riot control, guard duty and operational security classes.

"All of the Task Force soldiers displayed pride, motivation and dedication in everything they did.... They truly represent the concept of 'one team, one fight.""

Lt. Col. Ann J. Joseph

The flow of called-up soldiers was slow. The Task Force only trained 70 soldiers returning to active duty in the 12-month period. Many times, Fenton said, only two or three soldiers were in a class.

"We didn't need all of the soldiers that were initially called up," he said. "We could have met our primary mission with about half of the number of people."

However, with their primary mission met,



Spec. Nicholas Jarman was named "Soldier of the Year" for the 95th (AG) Bn. while serving on active duty as part of Task Force 379.



Maj. Gen. Robert S. Silverthorn, Jr., welcomes home one of the 25 soldiers who served in Task Force 379 from 1st Bn. 379th Regt. at the Harry S. Twaddle Armed Forces Reserve Center in Oklahoma City.



Demobilization

Welcome home..

the Task Force jumped into three additional missions to assist Fort Sill's 1/78th Field Artillery.

In all, members of the Task Force trained 8,500 basic training soldiers, provided weapons qualification instruction to 1,000 mobilized Guard and Reserve soldiers and integrated with the 95^{th} (AG) Bn., to assist in meeting all of its needs.

"We assimilated well with our active duty counterparts, but it is nice to go home," Fenton said.

According to Lt. Col. Ann J. Joseph, 95th (AG) Bn. commander, she was "proud of these citizen-soldiers who left their families to serve their country."

"Thank you for letting us borrow these fine soldiers," she said. "They integrated into the battalion and participated in all of our events. They did a fantastic job of always being approachable and flexible despite their personal hardships.

"All of the Task Force soldiers displayed pride, motivation and dedication in everything they did," she said. "They reflect the excellence and quality of all 95th Division soldiers. They truly represent the concept of 'one team, one fight."

How good 95th Division soldiers were could be summed up in one name – Spec. Nicholas Jarman, who was named "Soldier of the Year" for the 95th (AG) Bn., while

"Your mission is complete. Thank you for a job well done and welcome home."

Maj. Gen. Robert S. Silverthorn, Jr.

working for the Task Force.

It takes more than just a good reserve soldier to serve the country's needs when called to active duty.

"The National Guard and Army Reserve wouldn't exist without the support of employers," Silverthorn said at the unit's welcome home ceremony. "And soldiers couldn't serve without the support of their families. Thank you both for allowing our soldiers to serve their country."

"Your mission is complete," Silverthorn told the Task Force soldiers. "Thank you for a job well done and welcome home."



Amber Cook and her two-year-old daughter, Emily, watch the welcome home ceremonies for 1st Bn., 379th Regt. Staff. Sgt. Robert Cook moved his family to the Fort Sill, Okla. area while he was deployed in support of Operation Noble Eagle and Enduring Freedom.



Confessions of a deployed reservist's wife

Janie Felton

Guest columnist

SHERWOOD, Ark. -- Yes, I am the wife of an Army Reservist who was deployed as a result of the terrorist attacks. The past year has been one of conflicting emotions - anxiety and pride, anguish and triumph, love and longing. Even with all the anxiety, anguish and longing, had I been given the chance, I wouldn't trade one moment of it.

This past year has taught me so much about love of one's husband and our children, those were not concepts that were alien to me. The most important lesson of the past year has been how to love my country in a way that calls for personal sacrifice for what is good about America - this has been a good thing.

In many ways, our story is universal - as is everyone's who share a common circumstance. In many ways, ours is unique. Most of all, ours is a love story and one worth telling.

I met my husband only days after Sept. 11. We knew deployment was almost a certainty but it was with much wailing and gnashing of teeth on my part and an Army-like "stiff upper lip" behavior on his, that the orders came a month later.

My husband (and now me, by happy extension) is the custodial parent of two teenage boys, then 13 and 17. Gotta love the Armyit gives you less than 24 hours to leave your life and two months to return to it. The orders were to report in less than two days. Those days are a blur, but he reported as required and the first phase of our courtship ended and the second phase began.

This is where our story is unique. I truly believe that marriage should be forever, but we were not married at the time of deployment and so I suppose I had a "choice" of whether to continue the relationship. At such an early stage, the kids hadn't bonded with either one of us, or each other. Thus, unlike married (or more committed) couples, we could have walked away with a "no harm, foul" attitude. But, we had no choice, not because of any perceived escape hatch, but because we loved each other despite the geographical challenges.

Early on we didn't experience many of the frustrations that are legitimate and common in deployment situations. Having been single for a number of years, I did not rely on anyone, much less my one-month boyfriend, to be available to fix my car or even to be there with me day in, day out, as we navigated life together in this new world. Although I feel very much for those families, those stressors didn't touch my everyday world.

Then, somewhere, somehow, I bonded with "his" kids, he bonded with "my" kids and they became "our" kids. The kids bonded with each other and became true siblings (love, laughter, fights and all). The stress of his being gone did touch my everyday world and that of these kids who we love. Deployment at that point became personal - it was no longer the Army's way of messing up my love life - it affected my family. Not only was I annoyed, I was angry.

I began to understand, for the first time what my husband knew all along, that love of one's country sometimes requires personal sacrifice. Oddly enough, it was at this point that we got married. Hey, at least if it was going to be personal, I was going to shoulder my burden as a spouse as opposed to a mere "girlfriend"



Janie and Capt. Kirk A. Fenton became newlyweds during his deployment to Fort Sill as part of Task Force 379.

- I may be naive in the ways of the military, but I get the whole "Army-spouse" thing - marriage is important. By getting married, I did get the best of both worlds.

I am compelled to say that we were, in the scheme of things, so very lucky. My husband trains soldiers for war - a task, which, thankfully, can be, accomplished stateside. He was stationed at Fort Sill, Okla., for the year, which was a blessing. During that time, four kids, two full-time jobs, two dogs, a cat and a bird, we saw each other virtually every two weeks. I had enough job flexibility and help to make regular trips when my husband was unable to come home. I feel for families whom greater distances separate and who do not have the freedom that we had to refuse to let distances conquer us. They all deserve medals.

I saved my allowance to contribute to George McGovern's presidential campaign when I was 11 years old. This landed me on virtually every early '70s radical, left wing organization in existence - something which caused me great pride. I voted for the first time in a presidential primary for Sen. Ted Kennedy. Support for the military and sacrificial love of country were simply not on my radar screen. This new concept did, and continues to, throw me for somewhat of a loop. I am far from a warmonger and I struggle philosophically with declaring war on Iraq.

I have learned that my philosophical differences do not preclude my love of country and sometimes love requires something more than lip service. I have lived for a year without the constant companionship and physical presence of the man I love. He, however, has lived for a year not only without me, but also without his life - our home, our kids and our dogs. And, for the most part, he has done it with grace, pride, patriotism and integrity.

Now, many of our husbands are coming home and we will have a new set of adjustments to go through. We'll get through it - we always do - with the winning combination of love, patience and humor. And, despite all of our different circumstances, we share a common hope.



95th celebrates Army's birthday Let them eat cake

By Sgt. Erich Langer

Ironman staff writer

The Army celebrated its 227th Birthday June 14 - the same day America celebrates Flag Day - with great fanfare.

Army installations and commanders worldwide use the opportunity annually to reflect on the Army's history and its ties to the nation's freedom. The Army's history cannot be told without being reflective on American history and the nation's culture that has benefited from the existence of a strong citizen Army.

No doubt, there were the obligatory speeches, parades and marching band performances. However, 2002 was different from past Army Birthday celebrations. There was more reflection on the past year's events, more appreciation for the diligent training and professionalism, and a strong sense of direction or "projection" of the role the U.S. Army plays in keeping our society free. Not as many "canned"



Chief Warrant Officer Bobby Hatter

speeches" made it out of the archives. No, the Army Birthday – circa 2002 – was a different animal.

"Whatever the mission, the nation turns to the Army for help during crises, and the Army delivers success. We are asking a lot of our soldiers today," said Maj. Gen. Robert Silverthorn Jr., commander of the 95th Division (Institutional Training) in remarks given at a special celebration at the unit's Oklahoma City, Okla., headquarters. "During the last 10 years of



The 95th Division took time out to celebrate the Army's 227th Birthday. (USAR photo by Sgt. Erich Langer.)

downsizing...deployments have increased, and now, with our war on terrorism, we will likely see more deployments of our soldiers.

"The 95th has soldiers deployed in Bosnia, Hungary and Saudi Arabia," Silverthorn said. "Following the terrorist attacks on America on Sept. 11th, the Army – active component, Army National Guard and U.S. Army Reserve – undertook the largest mission since Vietnam. The war on terrorism even included two battalions from the 95th Division."

Silverthorn took the opportunity to thank 95th Division soldiers for their service and to recognize a Headquarters soldier who has decades of contributions to the Army. Chief Warrant Officer Bobby Hatter joined the Minnesota National Guard in January 1965. He assisted Silverthorn in cutting the cake.

"I was a tuba player and happened to see a Minnesota National Guard poster recruiting band members. Well, I applied and now I am finishing up 37 years of service," said Hatter. "I've been in the 95th for six years – three with 2nd Brigade and three with the Deputy Chief of Staff for Personnel or G-1.

"I've really enjoyed being in the Army Reserve. I like doing my patriotic duty, making new friends, going to neat places and of course, the retirement benefits. I am 59 and will be getting out in February 2003, but as a warrant officer I am eligible to stay longer," said Hatter. "When I retire, I think I'll miss it."

As Hatter reflected on his career he said, "To the young soldier I'd say that time passes really quickly. If you have 13 to 14 years in the military, stay for at least 20. The time really starts to fly after that."

His G-1 responsibilities include conducting unit inspections, and preparing award recommendations and Officer Evaluation Reports. When Hatter isn't at the reserve center he can be found



at OG&E's Konawa, Okla., electrical power generation plant. Known among anglers as one of Oklahoma's best warm water fisheries, Konawa Lake may soon be seeing an additional line in the water a little more frequently.



9503rd Training Detachment

Where leaders learn to lead

By Sgt. 1st Class J. D. Hardesty

Ironman Editor

What soldier, what leader, wants to find himself in the middle of a battle with low munitions? As precarious as it sounds, the commandant of the 95th Division's Drill Sergeant School is similarly finding himself running low on drill sergeants "on the trail"

"We are currently operating at 60 percent strength and have seven drill sergeant leader candidates attending courses," said Command Sgt. Maj. Raul Casas Jr., commandant of the 95th Division's Drill Sergeant School.

According to Casas, the low manpower strength is a sign of his instructors doing a great job.

"Our instructors train NCOs to be highly-qualified drill sergeants," he said with a smile reminiscent of the famous Hollywood quote, "No brag, just fact." Without reservation, he could easily brag...about himself and four others. But, once the facts are compared, five 95th Division soldiers have earned the Training and Doctrine Command's Reserve Component "Drill Sergeant of the Year" title. Three of the winners have escalated their careers to the top of the enlisted promotion charts. One earned the recognition while attending the University of Oklahoma and is now serving in the officers' ranks with the 89th Regional Support Command in Wichita, Kan.

The latest to claim the feat and reigning reserve component Drill Sergeant of the Year is Sgt. 1st Class Tobias C. Meister, one of Casas' drill leader protégés at the Drill Sergeant School.

Annually, units within the division pluck several drill leaders from the school to fill first sergeant positions. Meister, with his leadership traits and troop knowledge tucked underneath his drill sergeant hat, could easily follow in predecessors footsteps.

Honors aside, Casas said, "there are great rewards for becoming a drill sergeant or drill leader:

- Professional pay while 'on the trail'
- Faster promotions
- Develop better leadership skills
- ☐ See success and feel satisfaction when 'your hard work graduates and crosses the stage.'"

With satisfaction, dollars in hand and an escalator for a promotion board, Casas said, "strategy plays a key role if we are to continue training the best drill sergeants."

The Drill Sergeant School has deployed a satellite strategy in place so soldiers assigned to a unit in Wichita Falls, Texas, might be able to drill in Lubbock or Amarillo, Texas — saving more than 400 round-trip miles. "Creating this satellite or hub strategy, makes our soldiers and their employers happier," Casas said.

"Each of the division's three brigades with drill sergeants is developing its own satellite strategy to better meet the specific needs of their soldiers," he said.

With pay, promotion and location enticing drill sergeants to become drill sergeant leaders, Casas emphasized that the standards are high.

"We try to recruit from the best drill sergeants in the division," he said. "We have to rely on our battalions to give us their best



Command Sgt. Maj. Raul Casas Jr., commandant of the 95th Division Drill Sergeant School, is surrounded by drill sergeants (from left to right) Staff Sgt. Camille Brady, Sgt. 1st Class Bruce Brady, Sgt. 1st Class Michael Gibson and Sgt. 1st Class Scott Hughes. (USAR photo by Sgt. 1st Class J.D. Hardesty)

drill sergeants."

To be considered as a Drill Sergeant Leader candidate, a drill sergeant must:

- ☐ Have two years "on the trail"
- ☐ Be the rank of staff sergeant or sergeant first class
- Obtain a score of at least 225 on the Army Physical Fitness Test (nonwaiverable)

"Our higher standards eliminate some possible candidates, but leaders of new recruits need to lead, not just meet the minimum APFT standards," he said.

Within those current drill sergeants meeting drill sergeant leader candidacy requirements, Casas said, "We look at five key characteristics:" They are:

- 1. Do they derive satisfaction from training other soldiers?
- 2. Do they care about the success of his/her recruits?
- 3. Are they self-motivated?
- 4. Are they self-disciplined?
- 5. Do they possess the core mettle for the physical and mental endurance needed to train troops 18 to 20 hours a day for six or seven days straight?

Thinking of past and present soldiers he trained while "on the trail," Casas said, "In today's volatile military environment, I wouldn't want one soldier to die because of inadequate common task training he/she received."

Quality training has become increasingly more important for Casas. While thinking of his own two children, he said. "When our trained drill sergeants walk across the graduation stage to receive their hats, we are entrusting into their care all of America's sons and daughters."

The Drill Sergeant School hosts two Drill Sergeant courses a year. For more information on becoming a drill sergeant or drill sergeant leader, contact the Command Sgt. Maj. Casas at (806) 665-3772.



Weatherman forecasts military career

By Erich Langer Ironman Staff Writer

If you happen to live, work or play in the Wichita Falls, Texas area, you've likely seen a 95th Division (Instructional Training) soldier hard at work. Unless you knew otherwise, you might only know him as the articulate, humorous and handsome morning weather anchor on KFDX Channel 3.

You'll see citizen soldier 1st Lt. Dan Dickens cracking jokes with the other morning show personalities, doing a 'live shot' at a local blood drive or chasing a twister or two across the High Plains.

No, Dan isn't your average lunch bucket guy putting in his 8 to 5 down at the plant. He's the Al Roker and/or Willard Scott of Wichita Falls –

without the 200 extra pounds the 'big boys' are packing.

When he's not at the weather center Dickens is frequently found at the 95th Division's 1st Brigade, 355th Regiment, reserve center in Wichita Falls. As Bravo Battery commander, he has numerous mission and personnel responsibilities that have to be addressed.

"The old adage of 'one weekend a month and two weeks in the summer' went out the window way before I joined the Army Reserve," said Dickens. "Most soldiers take work home, make frequent telephone calls and are at the reserve center a heck of a lot more often. I think with the nation's increased reliance on the reserve component, we will only get busier as we take on more missions and deployments."

On the civilian side of the house, Dickens stays pretty busy, too. In a medium-size television market, like Wichita Falls, broadcast journalists put in a lot of



Dan Dickens is the weatherman in Wichita Falls, Texas.

time –some on air but much of it behind the scenes — to produce daily live television programs.

"My KFDX day begins, typically, around 4 a.m.," said Dickens. "I take the weather data that I gather from a number of sources and create maps that I use

throughout the morning. I go on the air at 5:30 for a local agriculture program, then I am back on at 6 for our morning program, 'The Early Edition.'"

Dickens basically pops up throughout the program with weather updates, forecasts and other snippets. During NBC's 'Today Show' he has cut-ins from 7 a.m. – 10 a.m. The

localized weather segments are inserted into regular programming to give a Wichita Falls flavor to the network broadcast.

"After that, I take a break and then start preparing for the 'Mid Day Edition' program, "said Dickens." I also do weather cut-ins for three radio stations in town. The best thing about working early morning is I still have most of the day to plan and take care of other business."

Despite using weather information accumulated from a number of sources – from the National Weather Service to independent sites found on the Internet – sometimes the forecasts are all wet. "We use data, maps and analysis from weather balloons as well a satellite observations but I've learned over the years that regardless of the technology 'Mother Nature' will always do what she wants!"

Dickens joined the 95th shortly after moving to Wichita Falls. He soon noticed the unit's overall concern for soldiers.

"It's definitely obvious at the 2/335th. I have been very impressed with everyone," he said. "Drill sergeants are the ones who make their mark on new soldiers, and without exception, have made their mark on me – not only as a new recruit but also now as new officer. I've gained a new understanding of what it takes to be a drill sergeant by having the opportunity to see 'behind the scenes."

Dickens points to several 2/355 soldiers as mentors. From the officer and non - commissioned officer ranks come the

See "Weather" page 23



Dickens takes a time out on the set during his morning schedule as KFDX weather anchor.





Sgt. 1st Class Tobias C. Meister, a drill sergeant leader with the 95th Drill Sergeant School was selected by the Training and Doctrine Command as the U.S. Army Reserve's "Drill Sergeant of the Year." (USAR photo by Sgt. 1st Class J.D. Hardesty)

Meister named USAR's best

Dedication, support lead drill sergeant to be No. 1 'on the trail'

By Sgt. 1st Class J.D. Hardesty Ironman Editor

In September of 1964, the Army chiseled out the first true drill sergeant to raise the quality of noncommissioned officers who were training recruits to be the Army's future force.

Maturing nearly 40 years since its inception, today's best drill sergeants are the cream of the NCO crop.

Sgt. 1st Class Tobias C. Meister, a drill sergeant leader with the 95th Division's Drill Sergeant School is this year's example of just how high drill sergeants have risen. Earlier this year, the 27-year-old Meister was named "U.S. Army Reserve's Drill Sergeant of the Year" by the Army's Training and Doctrine Command.

Meister is the fifth 95th Division drill sergeant to earn USAR Drill Sergeant of the Year distinction, though he thought his reserve recruiter was "insane" for suggesting he enlist into a drill sergeant unit. "I didn't think I could ever live up to the (reputation) of being a drill sergeant," he said.

Meister said being named the best this year doesn't necessarily mean I'm the best drill sergeant in the reserve.

"Someone will ask me 'How does it feel to be the best drill in the Army Reserve?" said the reservist of 10 years. "I laugh immediately because I can think of six or seven different drill sergeant leaders at the 95th's Drill Sergeant School I think are better than me."

Meister squeezed humility, along with hard work, perseverance and volumes of support underneath the

Division Command Sgt. Maj. Victor A. Gomez, my fiancee Alicia Summerlin, my fellow drill sergeant leaders and my employer, I would never have won."

But Meister, who started his Army career as a Guardsman, said it takes more than just support to win. "It still takes self-discipline to put your best combat boot forward to make it happen," he said. "No one will do it for you. Individually, you have to still train physically. You still have to study constantly."

After failing to win in last year's division-level "Drill Sergeant of the Year" competition, Meister was 6th Brigade's

"Without all of the support of Sgt. Maj. Raul Casas Jr., commandant of the Drill Sergeant School, 95th Division Command Sgt. Maj. Victor A. Gomez, my fiancee Alicia Summerlin, my fellow drill sergeant leaders and my employer, I would never have won."

Sgt. 1st Class Tobias C. Meister

drill sergeant hat he first donned January 2000 before rising up as the USAR's best drill.

"I now understand the 'Army of One' theory," said the graduate of the University of Texas, El Paso. "Without all of the support of Sgt. Maj. Raul Casas Jr., commandant of the Drill Sergeant School, 95th

third choice this year. Dedicating three hours a day to training and receiving all the support he could muster from friends, family and fellow soldiers, Meister set up a regimented training schedule.

He chiseled his body with 18,000 pushups, 30,000 sit-ups and running more than 400 miles in 180 days, followed by studying training literature and practicing



training module exercises for an additional 1 1/2 hours a day.

"It is tough to be recognized among the Army Reserve's best drills because we have to carve out the time to study and physically work out while balancing a full-time job and other responsibilities," said the Tulsa, Okla., resident. "I am fortunate that my employer, Horizon Natural Resources, gave me the support and time I needed to compete. There is no way I would have won without them giving me the time to travel to Fort Sill, Okla., to participate in mock "Drill Sergeant of the Year" boards and module training

exercises."

After running and training so hard, Meister was ready to do business. "I built my confidence to compete just like I used to do when I was kick boxing," he said. "The keys for me to compete were not to be too arrogant and to have the confidence to represent the division and my fellow drill sergeants well."

He did represent the division and his fellow "drills" with pride and distinction as TRADOC rolled out the red carpet treatment to make the competitors feel special. "But we aren't special," he said of himself and his peers. "As a drill sergeant or drill sergeant leader we learn

to work hard. While pats on the back and awards are nice, the best compliment I could ever receive from my Drill Sergeant School peers is that I work hard.

"There is always a price for working hard," Meister said. "My employer and family paid for the toll so I could work so hard during this competition. They all share a part of this award. I wish they all could have been standing beside me when TRADOC Deputy Commander Lt. Gen. Dennis D. Cavin and TRADOC Command Sgt. Maj. Anthony J. Williams presented me with the 'USAR Drill Sergeant of the Year' award."

After all of the hard work and dedication he put in to win the best drill title, Meister's life didn't return back to normal. While being selected as the best

"Our soldiers in Afghanistan are doing heroic deeds that will never receive recognition. I have received a lot of recognition as USAR Drill Sergeant of the Year. That makes the red carpet treatment I received hard to swallow. I just want to do my job... ensure all my drill sergeant candidates are prepared to train our soldiers for combat."

Sgt. 1st Class Tobias Meister

drill by the 95th and TRADOC this year was a "humbling yet fulfilling experience," he said. "People expect more out of me...I expect more out of me and I'm willing to continue to work harder to prove I deserved the award."

Humble at the thought of the soldiers he has trained going into harm's way, he said, "Our soldiers in Afghanistan are doing heroic deeds that will never receive recognition. I have received a lot of recognition as USAR Drill Sergeant of the Year. That makes the red carpet treatment I received hard to swallow. I just want to do my job... ensure all my drill sergeant candidates are prepared to train our soldiers for combat."

With his eyes focused on "making a larger impact on the drill sergeant program," by virtue of winning the USAR Drill Sergeant of the Year award, more and more Army opportunities are opening up for Meister "down range."



Sgt. 1st Class Tobias C. Meister instructs a new recruit on proper pushup techinques. (USAR photo by Sgt. 1st Class J.D. Hardesty)



Past Drill Sergeants of the Year

Compiled by Staff Sgt. Michael Dean Ironman Staff Writer

1984

In February 1984, Sgt. 1st Class Garry L. Carter was named U.S. Army Training and Doctrine Command (TRADOC) Reserve Component Drill Sergeant of the Year following three days of intensive competition. At the time, Carter was a drill sergeant with 3rd Battalion, 1st Brigade, Durant, Okla.

Where is he now? He just retired as the 95th Division command sgt. major.



Sgt. 1st Class Garry L. Carter



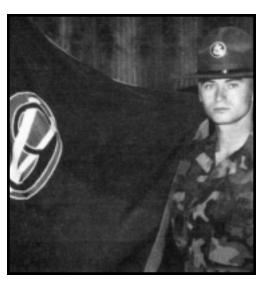
Sgt. 1st Class Raul Casas

1988

Following three days of stiff competition at TRADOC in April 1988, Sgt. 1st Class Raul Casas was named Reserve Drill Sergeant of the Year. Casas was assigned to 2nd Battalion, 89th Regiment in Amarillo, Texas.

Where is he now? He is the command sgt. major of the 95th Division Drill Sergeant School.





Staff Sgt. Chris Baer

1989

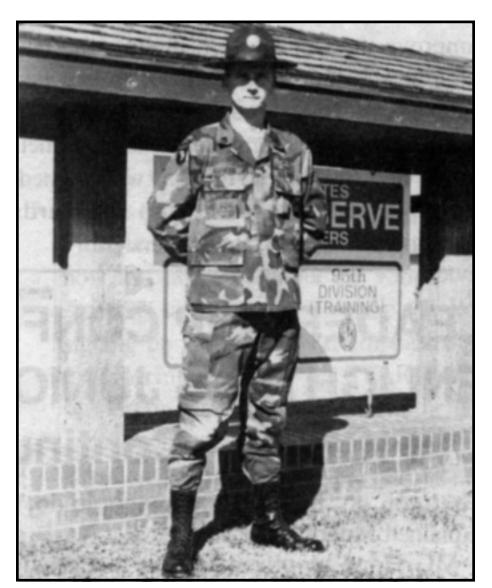
The previous year's winner, Casas lent his experience to Staff Sgt. Chris Baer, as he prepared for the same competition. And it paid off, as Baer was named TRADOC Reserve Drill sergeant of the Year for 1989. Baer was a student at the University of Oklahoma, majoring in education. He was a drill sergeant with the 1st Battalion, 3rd Brigade, Norman, Okla.

Where is he now? Following his graduation from the University of Oklahoma, he was commissioned as a second lieutenant and selected as the National Junior Officer of the Year by the Reserve Officer Association. He is now serving with the 89th RSC in Wichita, Kan.

1990

In April 1990, for the third year in a row, a drill sergeant with the 95th Division was named TRADOC Reserve Drill Sergeant of the Year. He was Staff Sgt. James R. Ashwood, a drill sergeant with the 1st Battalion, 377th Regiment, 3rd Brigade, Okmulgee, Okla. *Where is he now?*

He is now the command sgt. maj. 319th Corps Support Bn. in Miami, Okla.



Staff Sgt. James R. Ashwood



Timing 'fantastic' for 1980

Academy's first class with women includes 95th Division Lt. Col.

By Master Sgt. Bettina E. Puckett Ironman staff writer

When Lt. Col. Kelly Zachgo Lynch graduated from the U.S. Military Academy at West Point, N.Y., in 1980, it was the happiest day of her life.

Most young men and women are thrilled to survive the rigorous college, but Lynch was doubly glad; she was in the first graduating class that included women.

After she graduated from high school in 1976, the San Antonio, Texas, resident first checked out Texas A&M as a possible college, but discovered it did not accept women in its Corps of Cadets band.

She learned about West Point when she heard a radio broadcast about the passage of a bill that would allow women to attend military academies. She wanted an



At just 3 years old, Kelly Zachgo Lynch already had a liking for the Army – posing in her dad's fatique shirt and shiny boots. (Photo courtesy of Lt. Col. Lynch.)



Lt. Col. Kelly Lynch

engineering education and she knew that with West Point, she would have a job immediately after graduation.

"I thought, 'Hey, there's an option for me,'" she said.

When military academies finally opened their doors to women in 1976, Lynch said the timing was fantastic. "I'm one of those lucky people," she said. "I was in the right place at the right time."

This year marks the 200th anniversary of West Point, where military legends such as Robert E. Lee and Douglas MacArthur have graduated.

Lynch's father, Durl Zachgo, graduated from the academy in 1957. He spent 20 years on active duty, including some enlisted tours with Special Forces in Vietnam. Zachgo retired in 1974 at the rank of lieutenant colonel.

When Lynch, 44, was contemplating whether to go to West Point, her dad stayed fairly quiet because he "didn't want to scare me off," she said. "He had no idea what I could expect."

Her parents, Durl and Nancy, didn't push her into selecting West Point. "They made sure it was my choice," she said. "They wanted to make sure I was doing it for me."

As for Lynch, she felt up to the challenge. "I was really big on equal rights," she said. "I certainly felt that women could be whatever they wanted to be."

When Lynch arrived at West Point, she

wasn't sure she was prepared for the physical aspect of being in a military academy. In high school, she played flute in the band and played tennis. "I wasn't a runner," she said.

Despite the stress of being a plebe (firstyear cadet), she was advised by her father to simply treat West Point like a game – taking it one day at a time – and the philosophy seemed to work.

Her first weeks at West Point were fairly clear-cut. She just waited for the next thing she was told to do. "You didn't know what was coming next," she said.

On her first day, there were about 1,400 new cadets, including 119 women. She remembered that, by graduation, 62 women had made it.

While many of the young men were "guarded" and treated their female counterparts with animosity, Lynch said she felt lucky that she didn't have to personally deal with a lot of discrimination.

"(The men) knew that the academy was supposed to accept women and all that went with it," she said. "They had been told, 'You will accept them."

Every plebe – guy or gal – had to deal with different levels of harassment. It may not always have gone as far as hazing, but the list of things the cadets had to memorize – such as the number of days until graduation – seemed endless.

"We had to know how many days before the Army beats the hell out of Navy," she said. "We had to know what was for breakfast, lunch and dinner. We had to be able to tell (upperclassmen) a story on the front page of the New York Times. ... There were a bunch of things."

The stress was legitimate. "If you didn't say it right, you'd be saying it outside their door after dinner," she said.

But Lynch managed to deal with it, living day by day. "It was just part of it," she said. "You had to do this to go forward."

And soon she felt herself improving on the long runs. "I stayed with the pack," she said.

Lynch admitted the academics were a challenge, but she wound up graduating in the middle of her class. "If you think about it, everybody who goes to a place like that was good," she said. "But it was a little depressing to not be at the top. Every one of us wanted to excel."

She had the toughest time in sociology and philosophy. "I was a math person,"



West Point graduate

she said.

All of the cadets graduated with a bachelor's of science degree in applied sciences and engineering.

While she sometimes was homesick, Lynch never regretted her decision to go West Point. She realized she and her women colleagues were trailblazers. "We had to prove that women belonged and that we were capable," she said.

Although she realizes that she could have had more fun socially at a non-military school, there were moments of enjoyment. She was in the Cadet Chapel Choir and the Cadet Band. "They called it a 'hop band' for dancing," she said.

Coeds were brought in from other colleges for dances, but the female cadets were not highly considered for dates. "We were down on the totem pole," she said. At the end of the four years, however, several of the women cadets married their classmates.

"One thing that I pledged to myself is that I would never date outside of my class because I'd seen how it affected the classmates," she said. She wanted to maintain the cameraderie of her classmates and didn't want to risk losing them as friends.

When graduation day finally rolled

around, it was joyous. "I felt like I got out of jail," she said honestly.

And for a treat, her parents took her and her sisters to Disney World. "We didn't do many vacations as a family," she said. "That was a memorable occasion."

Her commitment to the Army in return for her excellent education was five years of active duty. She served seven, first going to Fort Sill, Okla., to her officer's basic course, then on to Germany, where she was a platoon leader, executive officer and counterforce officer for 3rd Armored Division Artillery, or DIVARTY. Later, she taught computers to other officers at Fort Sill.

"I was well qualified, but I had so much to learn," she said. "I learned more from my first sergeant than I learned from anyone else."

If she thought her gender had made her feel under the microscope at West Point, she soon learned that women dealt with the question Army-wide. One day in Grafenwoehr when she was a lieutenant, she noticed a private walking toward her, staring at her all the while. He finally threw up his salute in desperation and shouted, "Mornin', woman!" Apparently, he did not know the correct word in addressing a female officer is "Ma'am."



Lynch with her dad and role model. (Photo courtesy of Lt. Col. Lynch.)

After she got off of active duty, she had a break in service of nine months. She then joined the Army Reserve and is today the Deputy G-6 for Information Management at the headquarters of the 95th Division (IT) in Oklahoma City, Okla. She has been assigned to the 95th since 1988.

Her husband Ral Lynch and three children, Rachel, 9; Kristian, 6; and Erin, 3, keep her busy in El Reno.

In civilian life, she is a project manager for CACI, a defense contractor in Oklahoma City where she has worked since 1998.



Their numbers may have been small, but the first women to attend West Point had great esprit de corps. Included in the smiling group are, from left to right, Diane Bracey, Diane Stoddard, Becky Blyth and Kelly Zachgo. (Photo courtesy of Lt. Col. Lynch.)



HHC, 95th Division deploys to FTX

War games reinforce soldier skills

By Spec. Christopher M. McIntyre Ironman staff writer

The 95th Division (IT) Headquarters and Headquarters Company spent its August drill away from the office, trading their chairs for cots, their pens for M-16 rifles.

The Field Training Exercise, run by 1st Sgt. Mayo and Lt. David Goetzinger, the unit administrater, reinforced skills taught in Basic Combat Training.

The company was broken into seven squads, each navigating its way through the terrain of the Glenwood Training Area in Midwest City, Okla. to seven stations, each of these containing a Common Task Training demonstration that soldiers had to complete before moving on.

Once the demonstration was over at each station, the soldiers could practice the task until the signal to move was sounded. This went on, with a break for lunch, until evening, when everyone went to the tents for chow. Chow consisted of Heatermeals. These are similar to MRE's because they contain a ready-made meal, but are less expensive and do not contain as many calories.

As dusk fell, the troops gathered for a night exercise with the Oklahoma City Police Tactical Assault Team playing the opposing force or OPFOR. The mission: protect Commanding General Maj. Gen. Robert S. Silverthorn Jr.'s headquarters.

HHC formed a perimeter around the headquarters, set up communications and sent out a reconnaissance team to find the



Sgt. 1st Class Leora Nakiso and Spec. Michelle Lacock watch the Headquarters perimeter at the Headquarters Company Field Training Exercise. (USAR photo)

OPFOR and set booby traps.

The OPFOR moved around the perimeter, firing shots and testing for weaknesses in the HHC lines. Although there were a few casualties, Silverthorn was never taken!

Once the exercise was finished, the

troops moved to their General Purpose medium tents to sleep around midnight.

Sunday morning was dedicated to breaking down the tents, cleaning weapons and gas masks, and turning equipment in. Silverthorn described the operation as "truly great."



Lt. Col. John Bilbury watches for the opposing force, while another soldier treats a victim for shock, (Photo by Spec. McIntyre)

'Warrior spirit' alive at 3/378th FTX

By Master Sgt. Bettina E. Puckett Ironman staff writer

FORT SILL, Okla. – Soldiers of the 3rd Battalion, 378th Regiment in Norman, Okla., bring along a secret weapon when they go to the field.

They take their "Warrior spirit."

Their nickname, "Warrior Battalion," is inspired by the 67 American Indian Tribes who made their homes in Oklahoma.

And while the modern-day warriors in 3/378th cherish their warrior heritage, they also look to the future, realizing the need to hone their own soldier skills. The unit is made up primarily of drill sergeants and many have past infantry experience from serving in the Marine Corps or other infantry-type units.

Lt. Col. David K. Guier, who commands the unit, takes his commitment to keep his troops sharp seriously. But he admits it can be tough.

"We have a real challenge training our battalions with limited resources," said Guier, who assumed command in December 2001. "But should we say we don't have resources or should we learn to be resourceful?"

While some units may decide to skip valuable training because they don't have the proper equipment, Guier's unit looks at it as yet another challenge to be overcome.

In August, the battalion loaded up and drove to Fort Sill, Okla., for a weekend field training exercise. Despite not being issued some of the equipment they needed to conduct the FTX, they made due with what they had – substituting civilian sleeping bags for military ones, for example – and accomplished a weekend of important training.

There was even one red sleeping bag taken along, but it was no big deal to the "Warriors."

"Once the commitment is made, creativity happens," Guier said.

In addition to improvising, the FTX also featured a different branch of service as the opposing force, or OPFOR. Playing those "enemy" roles were Sr. Airman Erik D. "Sparky" Henson and Staff Sgts. Roland Morale and Richard C. Young of the 137th Fighter Wing, Will Rogers Air National Guard Base, Oklahoma City, Okla.

"The FTX focused on four situational training "lanes" – ambush, react to contact and break away from contact, planned attack and clear a minefield," said Capt. Kenneth D. Pitre commander of Alpha Company. The soldiers also practiced land navigation skills.

Infantry training is important, Pitre said, so that a unit's soldiers can learn how to properly perform during stressful combat.

"We have a lot of drill sergeant candidates out here who don't have exposure to the field," Guier said. But if they are going to teach privates, they need as much training as they can get, he said.

And there's another reason to be well trained. At any time, the Army may not have all of the infantry soldiers it needs and may call upon a soldier of another Military Occupational Specialty to perform in that infantry slot. "You never know," said Pitre, who lives in Oklahoma City.

Although the broiling sun beat down during the FTX, the soldiers buckled down to the training they were given, listening to their senior noncommissioned and

commissioned officers to learn new lessons of combat.

Fort Sill's desert environment is conducive for "letting leadership ability come out," Pitre said. "If you provide the proper environment for the training, they will definitely get something out of it."

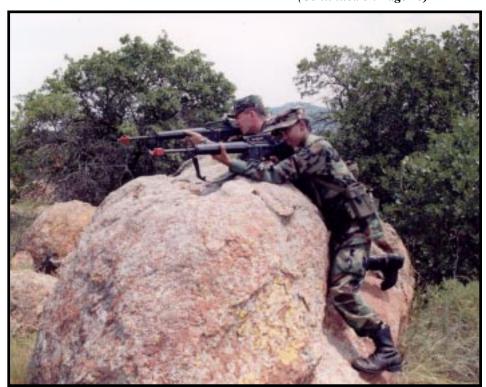
Since it was the hottest time of the year, everyone in the unit was stressing safety. The terrain was covered with huge boulders and holes that could easily be stepped in. The soldiers in the unit all looked out for each other by asking if everyone was drinking plenty of water.

And the training wasn't just a "feel good" measure.

One of the tasks in the unit's (Mission Essential Task List) is to move the whole battalion to Fort Sill, said Guier, who in civilian life is vice president of investments with Prudential Securities in Tulsa.

SMP Ron W. Opperman, a University of Central Oklahoma student from Bethany, Okla., said he "loved" the training. A graduate of Drill Sergeant School,

(Continued on Page 25)



Capt. Lee Marks and Capt. Jackelin X. Simmons watch and wait for the enemy during a blistering hot field training exercise the 3/378th went on in August at Fort Sill, Okla. (USAR Photo by Master Sgt. Bettina E. Puckett)



3rd Brigade CSM on the Run

By Sgt. Erich Langer

Iroman staff writer

Marcus Whitt, Command Sgt. Maj. 3rd Brigade is a long way from home but it hasn't stopped the citizen soldier from tying up his sneakers and hitting the trail.

He runs to stay in top physical condition and for his passion of competitive road racing. Whitt has been running for 3 ½ years and hasn't let an overseas deployment at Camp Butmir (near Sarajevo), Bosnia slow him down.

Whitt, his wife Pamela, and their son Evan, 10 have been members of their hometown Edmond, Okla. running club for three years. He is currently the organization's president.

"While races in the United States often have dozens of categories or divisions, races at Camp Butmir have only four: male 18 – 40 years old, female 18 – 40 years old, male 41 years and older, and female 41 years and older, "said Whitt a 31-year Army Reservist who currently is the command Sgt. Maj. of the 3rd Brigade (Combat Support), 95th Division

"Bosnia is a beautiful, mountainous country. If it were not for the destruction of the war, and most of that destruction is still visible, it would be similar to Colorado."

Command Sgt. Maj. Whitt

(Institutional Training), Broken Arrow, Okla. "As far as organized races are concerned, I ran in the NATO 8km Birthday Run in April and the 5km Mother's Day in May."

About 94 military and civilian runners from several countries ran in the NATO race. He completed the run in just over 45 minutes. But the running conditions in Bosnia are a little different from those Whitt is accustomed to in dry, hot Oklahoma.

"The Mother's Day race was run during cool, misty conditions, which is common in the country," he said. "Since I've been here it has rained every day. Also, this area of Bosnia has a much higher altitude



Whitt gets in his 'road work' in Bosnia.

than central Oklahoma.

"Bosnia is a beautiful, mountainous country. If it were not for the destruction of the war, and most of that destruction is still visible, it would be similar to Colorado. The capitol city, Sarajevo is a historical, beautiful city but the war has left its mark."

Camp Butmir, a NATO base is home to the Commander Stabilization Force Bosnia-Herzegovina. The secure compound is located minutes from downtown Sarajevo and is nestled in a picturesque valley surrounded by mountains on three sides.

"Although I am looking forward to coming home and being with my family, the experience of serving as a command sergeant major of an active duty unit is beyond belief," said Whitt. "The opportunity to serve with soldiers from 34 nations has been fascinating."

'The highlight of My career'



CSM Marcus Whitt, 95th Division 3rd BDE, presents *General* Eric K. Shinseki, CSA with a 3rd BDE CSM coin during a September meeting. Whitt met Gen. Shinseki during his deployment in support of 'Operation Joint Forge' as CSM for Battalion Support Base, Camp Butmir, Bosnia-Herzegovina. Whitt received a Commander's Coin from Shinseki and an autographed photo (above) with a signed note that read, "*To a great soldier, Eric K. Shinseki, CSA*.



95th Division soldiers support Bosnian mission

By Sgt. Erich M. Langer

Ironman staff writer

When the telephone rings at 04:30 you know it's important. A relative in a traffic accident; a close friend in jail needing bond money, or a health issue requiring your immediate attention.

'Ring, Ring, Ring'.

Command Sergeant Major Marcus B. Whitt II took that memorable call in early March, no doubt a lot went through his mind. Fortunately, no one was laid up in the hospital or stuck in the pokey. It was important, though. Uncle Sam was calling with information on Whitt's deployment orders to Bosnia.

"Lieutenant Colonial Mark Lucas from U.S. Army Europe Headquarters in Heidelberg, Germany was calling to advise me of my six month deployment to Bosnia-Herzegovina. He informed me they needed a CSM at Camp Butmir-just outside Sarajevo," Whitt said. "But before I went overseas, I would report to Fort



Whitt

Benning, Ga. and spend a week going through the Combat Readiness Course and then would be sent on to Bosnia."

It's a small world. Whitt who lives in the Oklahoma City-area bedroom community of Edmond, soon discovered that Lucas was from Oklahoma, and, if that wasn't enough of a coincidence, his new boss in Bosnia — Battalion Support Base (BSB) commander, Lieut. Col. Jean Meacham was from Altus, Okla. and was an Army

Reserve member assigned to the 75th Division in Oklahoma City. Whitt's responsibilities at Camp Butmir include advising the battalion commander on all enlisted issues involved in taking care of soldiers. "I serve as the president of the monthly promotion

boards, serve as a member of the awards board, chair the weekly U.S. Forces senior enlisted meeting, and serve as the U.S. senior representative on the Regimental Sergeant Major Senior Enlisted Council," said Whitt. "I also advise the Commander, Stabilization Force Bosnia-Herzegovina (COMSFOR), LTG Sylvester, on all

enlisted issues. The COMSFOR has no E-9 slot, so I serve at his pleasure."

Command Sgt. Maj. Whitt flies over Sarejevo, **Bosnia** while serving as command sergeant major at the battalion support base. (U.S. Army Photo.)





Whitt flies over Sarajevo during his deployment to Bosnia. Whitt is 3rd Brigade's command sergeant major before being deployed, served command sergeant major for Camp Butmir in support of Operation Joint Forge.. (Photo courtesy of Command Sgt. Maj. Whitt.)



Carr

Despite all of Whitt's latently highprofile responsibilities, he tries to spend as much time as possible with his soldiers. "Really, I spend most of my time meeting and dealing with soldiers stationed here at Camp Butmir. "Every soldier is here to do a job and do it well," he said. "They work as a team and play as a team. It is really wonderful to see — especially the young E-4s and E-5s."

Whitt has been able to work with other 95th Division personnel since being deployed. "In July and August, I served as the Area Support Group Command Sgt. Maj. at Eagle Base, Tuzla. Fellow 95th Division Command Sgt. Maj. Ron Garrison out of 6th Battalion, 3rd Brigade was stationed there but had to leave early due to a medical problem," said Whitt. "In addition to Garrison, Command Sgt. Maj. Robert Carr, 5th Battalion, 3rd Brigade was deployed to Kosovo and Maj. Timothy Johnson out of the 6th BDE in Nebraska was serving in Tazar, Hungary."

Fortunately, Whitt's family and civilian employer, the Oklahoma Department of Career and Technology Education, have been very supportive during his deployment.

"My wife and son, Pamela and Evan, have been behind me all the way. This has truly been a big sacrifice for Pam. Evan is 10 years old and does all the things a 10-year-old does. He has daycare, school, soccer, friends, etc., and Pam has to make sure he gets to all those places," said Whitt. "She is the manager of Hertz Inc.'s Number One Awards department in Oklahoma City. Her job requires extended hours and workload but she still makes sure that Evan comes first. They are the 'special ones' in this service to my country!



Garrison

"I couldn't have asked for a better experience. I have truly seen the 'One Army' concept in action, it actually works," said Whitt. "We have personnel from the active component, U.S. Army Reserve, and the National Guard. You can tell no difference."

Whitt is scheduled to come home in December.

Korean War Veterans

Thousands flock to 50th Anniversary

By Sgt. Erich Langer and Master Sgt. Bettina Puckett

95th Division (IT) Public Affairs Office OKLAHOMA CITY -- Over 2,500 Korean War veterans – including prisoners of war, veterans' family members and friends – plus a slew of dignitaries attended the 50th Anniversary of the Korean War Commemoration held in Oklahoma City on Aug. 3.

When you consider their declining numbers — due to age, ill health etc. – the turnout at the Coca Cola Bricktown Events Center was noteworthy.

"Each year, several within our ranks pass (away), are too old, or suffer from degenerative health conditions that keep them from participating in reunions and commemorations," said retired Col. Lewis Bedoka, former commander of the 402nd Brigade, 95th Division (Training).

He served in Korea with the Oklahoma National Guard's famed 45th Infantry Division, the first National Guard division into battle during that war. He completed a tour in Vietnam from 1967-1968 as well.

At the commemoration, Bedoka and his fellow veterans were welcomed and heard remarks from local, national and international dignitaries, including Oklahoma Lt. Gov. Mary Fallin, who told the veterans their sacrifices would not be forgotten. "When your nation called, you joined soldiers from 20 other nations to free South Korea from communist aggression," Fallin told the more-than-capacity crowd.

Fallin said Oklahoma Gov. Frank Keating had proclaimed that day, Aug. 3, as "Korean War Veteran Day in the State of Oklahoma."

Freedom is not free," said Fallin, who see ves as National Chairwoman of Ar erican Lieutenant Governors. "Today we are paying tribute to some very special ve erans," she said. "American servicemen died in a war — not a conflict or a police action. They served in the Republic of Corea with and for a people they did no know so that we all could be free."

Other speakers included Oklahoma City Mayor Kirk Humphreys; Maj. Gen. Stohen P. Cortright, Oklahoma Adjutant General; and Counsul General YANG,



Col. (retired) Lewis Bedoka Korean War veteran

Bong-Ryull, Republic of Korea.
Following the formal remarks, many of the veterans and their families searched

the crowd for old friends.

"My most vivid memory of Korea was the very cold weather," Bedoka said. "The extreme weather — brutally cold winters and hot summers — were impossible to get used to. When I arrived in December 1951, it was 17 degrees below zero. We had guns frozen in the ground. I remember it getting as cold as 23 below."

He was a sergeant then who worked as a commo chief with the 45th Infantry Division. He said it was so cold on Christmas Day 1951 that the unit's trucks were frozen and they wouldn't budge.

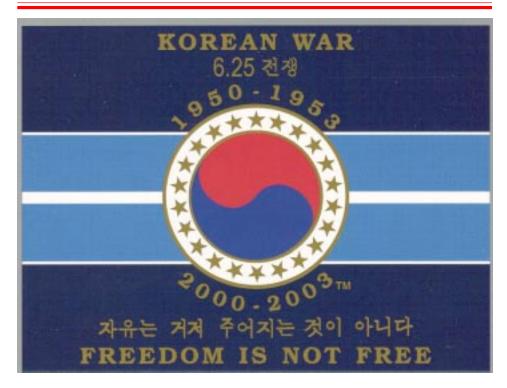
He is also disabled, but worked after he was released in the meat department of a grocery store. "You think about prison camp every day," he said.

McNeeley said some of his guards were "halfway decent and some were mean." Today, some 37,000 American troops are stationed in South Korea, which is a full-fledged democracy. Bedoka, who com-

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Col. (retired) Lewis Bedoka



95th Divison sweeps ROA and Kerwin Awards

ROA Awards

The 95th Division swept the Reserve Officers Association Outstanding Army Reserve Unit Awards this year, winning all three categories. A variety of performance criteria were used in judging the competition. It is believed that this is the first time that a single command has won all three awards in the same year.

One 95th Division unit also won a Maj. Gen. Walter T. Kerwin award for readiness. That unit was the 11th Battalion (Command and General Staff College) located in Independence, Mo.

Kerwin Awards

The Kerwin award is presented by the Association of the U.S. Army (AUSA). All of the awards are to be presented at a national convention to be held at the end of October in Washington, D. C.

In addition to the Superior Unit Awards, a total of eight 95th Division units received Superior Unit Certificates signed by the Secretary of the Army, Thomas White.

The 11th Battalion won the Kerwin Award last year as well.

Division Winners

Small Unit

HHD, 3rd Brigade, Broken Arrow, Okla.

Co. Size Unit

HHD, 6th Brigade, Topeka, Kan.

Large Unit

11th Battalion (C&GS), Independence, Mo.

Kerwin Award

11th Battalion (C&GS), Independence, Mo.

Weather.....

leaders he seeks guidance from and who have made his transition to the regiment a smooth one.

"From day one, Maj. Rob Robertson made a profound impact on me. I saw his concern for the soldiers, the knowledge he possesses, and his drive to achieve," said Dickens. "As the S-3, he knows the inner workings of the unit and much more. Our battalion commander, Lt. Col. Joseph Perovich, also has been a great influence on me. Just because an officer has a lot of command responsibility, doesn't mean it has to take away from the soldiers. And, Lt. Col. Perovich puts soldiers first." "Dickens started his career with the 2/355 as a battery executive officer but has been promoted to battery commander. With his civilian career taking him across the country, he didn't have much time in grade as a platoon leader or XO. "It's just one of those things where you have to run with the ball," he said. "I think I'm jogging right now...gradually working toward the run."

"First Sergeant Darren Bradley has helped guide me in the right direction and I am very appreciative," he said. "I've been fortunate to have an understanding 1st Sgt. who has been helpful in making me a better commander."

Dickens received a bachelor's degree in broadcast journalism from Arkansas State



Dickens, with his 'game face' on, is battle dressed and ready for the field.

University, Jonesboro, Ark. "I had been interested in joining the military since I was about 16 but life had other plans for me," he said. "But, for too long I wanted to do something for my country...to somehow know I've made a mark and done my part. I felt the military was my way to do it.

"A co-worker and friend in Arkansas, Sgt. Jack Wise, encouraged me to talk with a National Guard recruiter. Jack was airborne qualified and always had interesting and exciting stories to tell about his jumps. I was definitely interested and before you knew it I was headed to basic training!"

He attended BT and combat engineer (12 Bravo) school at Fort Leonard Wood, Mo. Four years later he graduated from Officer Candidate School. He returned to Fort Leonard Wood for the Engineer Officer Basic Course in 1999.

"My military career really began at the 875th Engineer Battalion in Jonesboro as a private," said Dickens. "I was always sticking my nose into the other sections to discover what everyone did, so in a way, I was multitasking myself."

His civilian job took him to Missouri and he landed a position with an ordinance unit there. "I was really looking forward to going with them to annual training at the National Training Center and to Germany the next year. It would have been a great experience. But, then I got the morning weather anchor job in Wichita Falls."

Dickens joined the 2/355th after he hired on at KFDX. "I was drilling in Ardmore, Okla. — making that long trip from Wichita Falls," he said. "I drove by the 355th on my way to the station every day and figured I ought to stop and check them out."

He's glad he did.

Lt. Col. Holman: Saudi Arabia's newest camel jockey

By Sgt. Erich Langer

Ironman staff writer

Since being mobilized to the Middle East, Lt. Col. Harold R. Holman's favorite hobbies had to be put on hold for while. Deployment to Riyadh, Saudi Arabia, has kept Holman busy as the U.S. Army Central Command public affairs officer.

"Even though I miss the family and my job with the Oklahoma City-County Health Department, it's been a good experience over here," he said.

Holman is the top Army PAO in the theatre. The 95th Division citizen-soldier's official responsibilities include writing speeches, coordinating media interviews, serving as a media escort, and anything and everything associated with the public affairs mission.

"I know how valuable good training is to 'real world' performance in the public affairs arena," said Holman, a former 95th Division public affairs officer (1996–1999) who is putting that experience to practical use, "Today, the Army is relying more and more on the reserve component to coordinate and undertake public affairs responsibilities on deployment missions. I've been able to work side by side with my public affairs counterparts from other service branches at CENTCOM."

Holman has been busy answering scores of media queries and issuing news releases on ARCENTCOM activities. He's provided integral training for senior officers in press relations and assisted with implementing ARCENT standard operating procedures.

"It won't be much longer until I get back



Lt. Col. Harold R. Holman competes in his first camel race.

to Oklahoma," said Holman, who was scheduled to return in October. "Being deployed makes you really appreciate what you have back home – you know the little things become pretty important.

"I really want to thank Master Sgt. Judy Hindman, from Information Management section and 95th Division's Support A Soldier representative, for the 'care package' they sent me a while back. It was really nice of her and the folks with the Family Readiness Group to put it all together. You can be sure I am wearing the 95th Division T-shirt and hat, everyone here wears their units' stuff.

"I can't wait to watch the University of Oklahoma Sooners football team play," said Holman, the Division's G-6 (Information Management) Webmaster. "I've had season tickets for many years and taking my boys to see my alma mater is a family tradition."

When Holman returns, he'll be able to get back to his old ways and catch a few of the football season's remaining games as his beloved Sooners compete for a national title.

Korean War commemoration..

(Continued from page 22)

manded the 95th's 402nd Brigade (now 1st Brigade) from 1984-1986, also was an assistant operations officer in the division, and held positions within the 95th Maneuver Training Command. In civilian life, he worked as a Multiple Launch Rocket System project leader at Fort Sill, Okla.

He even tried to volunteer for Desert Shield/Desert Storm. "They didn't take me up on my offer, but I was willing to serve," he said with a laugh. Another veteran at the commemoration was Eugene Johnson, a 70-year-old ex-POW from Carlisle, Pa. He joined the Army when he was 16, and he was 18 when the North Koreans captured him.

From Dec. 1, 1950, to Aug. 31, 1953 – an excruciatingly long 33 months – Johnson was held prisoner. "The North Koreans are the most treacherous bastards in this world," he said.

If American soldiers were injured, they received no medical treatment. Many had no shoes or socks to guard against the cold. Johnson said frostbite was so bad that some soldiers cut their own toes off.

Johnson survived nearly three years in captivity and wound up staying in the Army for 21 years, serving mostly as a mess sergeant. Today, he is 100 percent disabled and said he loses a portion of his retirement money because he receives a disability check.

Another ex-POW was Frank McNeeley, 70, from Bath, Mich., who was captured when he was 18 and held from Dec. 1, 1950, to Aug. 26, 1953, said he "half died from starvation" and had to stay in the hospital for six months when he was finally released. His weight dropped from 160 to 90 pounds in the prison camp.



Warrior spirit.

(Continued from page 19)

Opperman said the training was helpful in teaching privates basic soldier skills.

At one point during the training, Henson, an OPFOR, laid behind an M-60 machine gun up on a boulder-covered hill and watched as the 3/378th soldiers approached. "Rat-a-tat-tat" screamed the machine gun as the soldiers were first surprised, then took cover and returned fire.

"That was good that they gave supportive fire before making a mad dash at me," Henson said.

"Listen to your team leader," instructed Master Sgt. Stephen Raney during an After Action Report where the soldiers had a chance to comment on what they did right and wrong. "Make sure you're 10 paces away from each other so the gunman can't get to you all, said Raney, a firefighter who lives in Edmond.

Pvt. Joshua M. Thompson, Perry, Okla., said he just got back from Basic Training at Fort Leonardwood, Mo. "So far, this has been really fun – like being in a real war," he said. "I'd hope we'd beat (the OPFOR) because they're not foot soldiers." Thompson is scheduled to graduate from Perry High School in May 2003. He will go on to Advanced Individual Training at Fort Leonardwood, where he will study to

become a combat engineer.

Guier, who served as a Marine in Vietnam, said this type of training is "just in my blood."

The battalion commander said it is important to be able to "create a warrior or soldier out of every person who comes into the Army."

Guier regularly emphasizes to his troops that change in the Army is inevitable. "We will be masters of managing change," Guier says in his command philosophy.

The "Warrior Battalion" is gaining a reputation as "a good place to be," Guier said. "We've made a lot of changes. ... People like to have challenging training."



Oklahoma Military Hall of Fame

Eleven Oklahomans and the famed Buffalo Soldiers of the 10th U.S. Calvary were inducted into the Oklahoma Military Hall of fame recently.

Former World War II Airborne Sergeant and Pathfinder James E. "Jake" NcNeice, whose exploits with fellow paratroopers inspired the movie *The Dirty Dozen*, was inducted along with WWII submariner Rear Ad. B. Hayden Crawford, and Air Force Gen. Bennie Davis, former Strate-

gic Air Command commander in chief.

Others inducted include:

☐ Brig. Gen. Joseph Turner, Oklahoma Air Guard and WWII Army Air Corps veteran;

☐ Col. Pendleton Woods, WWII and Korean War veteran;

Posthumous inductees include:

☐ Lt. Col Neil Brittan, who evaded the Japanese Army in the Phillipines during WWII and was later captured and died on a

famous prisoner ship;

☐ Maj. Quince Brown, WWII Army Air Corps ace;

☐ Maj. Gen. William Garrison, a former U.S. Army Inspector General;

☐ Brig. Gen. Glen Long, who's distinguished Army service spanned three wars;

☐ Former U.S. Secretary of War Patrick Hurley; and

☐ Lt. Gen. LaVern Weber, the first chief of the National Guard Bureau.



Support A Soldier 'Mom'

By Spec. Christopher McIntyre

Ironman Staff Writer

A group of soldiers sit in their tent in some far away place, ready to do at a moment's notice what all soldiers are trained to do. They have been deployed for six months, away from their families and low on morale. Then comes mail call, causing most soldiers to light up as they hear their names. But there are some who never hear their names.

That is why Carla Hooper, from Pauls Valley, Okla., and Barbara Cox and Kevin Dunklin, both of Durant, Okla. founded "Support A Soldier" in October 2001. Support A Soldier is a non-profit organization whose mission is to send as many care packages as possible to military personnel serving the United States overseas. In this way they can contribute to the morale of our military members.

Many remember sending homemade cookies and other items to soldiers in the past. Unfortunately, because of the possibility of tampering, these items should not be sent. "Safety for the soldiers is our top priority," said Hooper, "so we send items which cannot be easily tampered with. We also use several security features on our packages so packages that have been tampered with or are not genuine can be identified and disposed of."

Packages cannot be just sent to any servicemember. "We have to send them to specific persons, so we will get hold of the unit commander and explain our security features, and also get the names of the soldiers who will be receiving the packages."

SAS is very careful about who can handle the packages as they are being prepared. "Any individual can donate items," said Hooper, but civic groups, churches and respectable businesses are the only ones allowed to donate unsealed food items.

Selection of the items sent is very important. Donations should be things that are not easy to tamper with, and food items should be in cans. Some of the things that can be sent include: canned tuna, canned fruit, magazines (can be used but should be fairly current), playing cards, razors, bibles and small books, canned dip, canned chips, Vienna sausages, cheez-whiz, patriotic items such as pins, t-shirts, candles (with matches), deodorant, soap, shampoo, shaving cream and toys. All personal items should be unscented, the scents attract bugs.

"It may seem unbelievable, but the biggest thing that is requested are toys from fast-food restaurants," Hooper said, "These grown men will play with little toys, and also give them to the children they encounter while in foreign countries."

"Everything you send, they will find a use for," said 95th Division Command Sgt. Maj. Victor A. Gomez, "If you send balloons they will have water balloon fights. If a soldier receives something they don't want, they will make sure it gets to someone who does want it."

Hooper was a member of the 95th Division in the 1970's, and has gotten together with Master Sgt. Judy Hindman, with the 95th Division, to help get the 95th involved in sending packages to it's sister units across the world.

Oklahoma Opry star Jarrid Lee Matlock recorded Support Our Soldiers, a song written by Carla Hooper. All proceeds from the record sales go directly to the Support A Soldier program.



Hooper also wrote and published a song, inspired by her efforts, called "Support Our Soldiers." It was recorded by Oklahoma Opry star Jarrid Lee Matlock, who gave all the rights to the song to Hooper, and all proceeds from the record sales go directly back into SAS, where they are used to buy items and pay for postage.

For more information or to become involved in the Support A Soldier program, call Carla Hooper at (405) 238-2078 or write her at PO Box 183, Pauls Valley, OK 73075.



Carla Hooper (left), founder of the "Support A Soldier" program, is pictured with Master Sgt. Judy Hindman, 95th division "Support A Soldier" representative.



Awards



Legion of Merit

5th Bde Col. Angel L. Padilla Col. Daniel D. Tuttle 4th Bde Col. Daniel G. Foust HHC, 95th Div. HHC, 95th Div. Col. Tommy J. Jaworsky Col. Walter R. Schumm 6th Bde



Meritorious Service Medal

Lt. Col. Brenda J. Hampton 11th Bn., 95th Regt. Lt. Col. Charles C. Dyer Lt. Col. Craig Robinson Lt. Col.Delbert D. Walker Lt. Col. Dennis W. Stine Lt. Col. Floyd L. Cox Lt. Col. Gary E. Rademacher Lt. Col. George Antochy Lt. Col. Jimmie L. Claunch Lt. Col. Joseph W. McCroskrie Lt. Col. Kenneth D. Jordan Jr. Lt. Col. Kenneth L. Buholtz Lt. Col. Kim James Lt. Col. Leslie Moffett Lt. Col. Mark W. Lenneville Lt. Col. Robert L. Hurst Maj. Marsha G. Curtis Capt. Raymond R. Higgins Chief Warrant Officer Meaghan M. Vogel 1st Bde Master Sgt. Denise McCleary Master Sgt. Jan J. Lhotak Master Sgt. John H. Barksdale Sgt. 1st Class Dale E. Waggoner Sgt. 1st Class Deeann K. Dunston Sgt. 1st Class George H. Wilson III Sgt. 1st Class Michael A. Masters Sgt. 1st Class Robert D. Jacobs

Sgt. 1st Class Terry J. Best

Sgt. 1st Class Tobias C. Meister

11th Bn., 95th Regt. 11th Bn., 95th Regt. 11th Bn., 95th Regt. HHC, 95th Div. 11th Bn., 95th Regt. 11th Bn., 95th Regt. 11th Bn., 95th Regt. 11th Bn., 95th Regt. 12th Bn, 95th Regt 11th Bn., 95th Regt. 11th Bn., 95th Regt. 11th Bn., 95th Regt. 1st Bn, 95th Regt. 8th Bde 11th Bn., 95th Regt. 1st Bn, 95th Regt. 1st Bn, 355th Regt. HHC, 95th Div. 12th Bn, 95th Regt 2nd Bn, 95th Regt. 2nd bn, 355th Regt. 5th Bn, 95th Regt. RTS MNT HHC, 95th Div. HHC, 95th Div. 1st Bn, 355th Regt. 6th Bde

Meritorious Service Medal

Staff Sgt. Calvin Hawkins Staff Sgt. Carl D. Booth



Army Commendation Medal

2nd Bn, 378th Regt.

HHC, 95th Div.

Sgt. Maj. Wilburn E. Young HHC, 95th Div. Master Sgt. Gerald D. Lynch HHC, 95th Div. Sgt. 1st Class Brad D. Albers HHC, 95th Div. Sgt. 1st Class Leora A. Nakiso HHC, 95th Div. Sgt. 1st Class Paulette M. Williams 1st Bn,378th Regt.



Army Achievement Medal

Staff Sgt Sherlene A. Gonzales HHC. 95th Div. Spec. Scot M. Frazer HHC 95th Div.



Outstanding Volunteer Service Medal

Col. Thomas W. Allen	HHC, 95th Div.
Maj. Janan A. Hall	HHC, 95th Div.
1st Lt. Glen Diaz	HHC, 95th Div.
1st Lt. Lila Rutan-San Diego	HHC, 95th Div.
Command Sgt. Maj. Victor A. Gomez	HHC, 95th Div.
Master Sgt. James P. Farley	HHC, 95th Div.

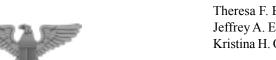


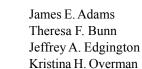
Promotions



James E. Archer

95TH DIVISION HQ (IT)







5 BDE HQ (HS) 95TH DIVISION HQ (IT) 3 BDE 1/95 (EN) (-) 6 BDE HQ (PROF DEV)



Hector R. Pacheco

Bryan L. Sampson

Kevin W. Upham

T. L. Woodward Jr.

Michael P. Truelove

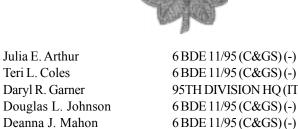
95TH DIVISION HQ (IT) 6 BDE HQ (PROF DEV) 4 BDE HQ (CSS) 95TH DIVISION HQ (IT) 95TH DIVISION HQ (IT) 95TH DIVISION HQ (IT)





7 BDE 1/379 (-)





6 BDE 11/95 (C&GS) (-)
95TH DIVISION HQ (IT)
6 BDE 11/95 (C&GS) (-)
8 BDE HQ (SROTC)
6 BDE 11/95 (C&GS) (-)



7 BDE 3/379 (LOG SPT) 3 BDE 4/95 (CM) 95TH DIVISION HQ (IT)



Marilyn E. Anderson

95TH DIVISION HQ (IT)

Karen E. Boyer Carol D. Coley Pamela J. Craine James D. Fisher James G. Gardner Roderick W. Harden Dorothy J. Jefferson Shirley J. May Travis F. Nelson Jr. Josie Queen William A. Robertson

4 BDE HQ (CSS)
5 BDE 10/95 (LPN) (DET 1)
95TH DIVISION HQ (IT)
2 BDE HQ (BCT)
1 BDE 2/354 (FA)
7 BDE 3/379 (LOG SPT)
5 BDE 10/95 (LPN) (DET 1)
5 BDE 10/95 (LPN) (DET 1)
7 BDE 3/379 (LOG SPT)

5 BDE 10/95 (LPN) (DET 1)

1 BDE 2/355 (FA) (-)

Ronald W. Bauer Wayne A. Bennett 4 BDE RTS MAINTENANCE 95 DIV BAND

Craig L. Walker

Susan A. Wells

Torrance A. Williams

Kervin C. Winfield

Promotions

Michael R. Beeman

Paul R. Hill

Lonnie J. Huntley

John P. Lee

Gerald D. Lynch

Scott C. White

5 BDE 10/95 (HS) (-)

2 BDE HQ (BCT)

7 BDE HQ (TS)

1 BDE 2/354 (FA)

95TH DIVISION HQ (IT)

Caratrella Woodberry 4BDE 7/95 (PERS SVC)

Brien L. Aldridge 3 BDE 1/95 (INST) (DET 1) Loyd A. Bradley 1 BDE 1/355 (FA) (-) Johnnie L. Davis 7 BDE 2/379 DET 1 Kyle S. Edwards 1 BDE 1/355 (FA) (-) Jimmy D.Grant 3 BDE 3/95 (SC) Annette Y. Harkless 7 BDE 1/379 (-) Joseph B. Joie 2 BDE 1/377 (BCT) Jackie M. Madden 5 BDE 13/95 (NHS) John McVev 3 BDE 3/95 (SC) Basil E. Miller Jr. 7 BDE 2/379 (CMTE) (-) Erasmo Reyes Jr. 7 BDE 3/379 (LOG SPT) Abel G. Rodriguez 3 BDE 1/95 (INST) (DET 1) Charles E. Smith 2 BDE 1/377 (BCT) James M. Smith 95TH DIVISION HQ (IT)

Thomas L. Fleischhauer 4 BDE 9501 TNG DET (ORD) Manuel C. Flores 6 BDE 9502 TNG DET(NCOES) Armando Gallegos 4 BDE 9501 TNG DET (ORD) Arnulfo Garcia 4 BDE 9501 TNG DET (ORD) Don L. Gatheright 4 BDE 9501 TNG DET (ORD) Ryan D. Glenn 2 BDE 3/378 (BCT) Ricky W. Green 3 BDE 2/95 (MP) Herman G. Herrera 5 BDE 13/95 (NHS) Linda D. Hightower 4 BDE 9501 TNG DET (ORD) Tyrone L. Holden 1 BDE 2/355 (FA) (-) Fredrick C. Marshall Jr. 4 BDE 9501 TNG DET (ORD) Lorine M. Mosley 3 BDE 4/95 (CM) Christopher M. Mulch 2 BDE 3/377 (BCT) Gary T. Nix 2 BDE 3/378 (BCT) Joseph J. Oneal 4 BDE 8/95 (TC) Kenneth L. Pelham 1 BDE 2/354 (FA) 95TH DIVISION HQ (IT) Shannon L. Perkins Cynthia R. Phillips 4 BDE 7/95 (PERS SVC) Richard W. Pidcock 1 BDE 3/355 (FA) (-) Dwight L. Pitts 4 BDE RTS MAINTENANCE Randall L. Rader 7 BDE 1/379 (-) 1 BDE 2/355 (FA) (DET 1) Terry L. Reynolds Mark L. Rezanka 3 BDE 4/95 (CM) Anita G. Rodriguez 1 BDE 1/355 (FA) (-) Ellis C. Rogers 1 BDE 2/354 (FA) Candida R. Sahr 95TH DIVISION HQ (IT) Daniel J. Scott 7 BDE 3/379 (LOG SPT) Andrea T. Senegal 4 BDE RTS MAINTENANCE Dennis W. Vanwagner 6 BDE 9502 TNG DET(NCOES)

4 BDE 9/95 (QM)

7 BDE 1/379 DET 1

2 BDE 2/378 (BCT)

2 BDE 1/378 (BCT) (-)

Clifford S. Alexander 4 BDE 9/95 (QM) Clayton E. Allen 4 BDE 7/95 (PERS SVC) Henry F. Archer Jr. 4 BDE 9501 TNG DET (ORD) Elvis J. Batiste 3 BDE 1/95 (INST) (DET 1) Vincent E. Baurichter 4 BDE 8/95 (TC) Francisco Benitezcruz 4 BDE 9/95 (QM) Paul J. Bolduc 1 BDE 1/355 (FA) (-) Bobby G. Brown 3 BDE 2/95 (MP) Oddie C. Bunch 2 BDE 3/378 (BCT) Mary L. Cunningham 4 BDE 7/95 (PERS SVC) Kimberly M. Dantzler 7 BDE 3/379 (LOG SPT) James C. Davis 2 BDE 2/378 (BCT) Markzell Davis 4 BDE 9501 TNG DET (ORD) Audra J. Debarros 5 BDE 10/95 (LPN) (DET 1) Houston R. Denham 2 BDE 3/378 (BCT)

6 BDE 9502 TNG DET(NCOES)

95TH DIVISION HQ (IT)

David J. Desrosiers

Christian W. Erb

Dickson J. Bertrand 3 BDE 2/95 (MP) Alonza Brown 4 BDE 9/95 (QM) Deandre R. Brown 7 BDE 2/379 (CMTE) (-) Otis D. Bruce 7 BDE 2/379 (CMTE) (-) Jeffery D. Bussey 1 BDE 3/355 (FA) (-) Joshua D. Chambliss 7 BDE 1/379 (-) Charles R. Coffey 4 BDE 9/95 (QM) Carlos G. Colon 6 BDE 9503 TNG DET (DSS) Samuel R. Cox 2 BDE 1/377 (BCT) Patrick T. Crosby 7 BDE 2/379 (Q/T) (DET 2) 95TH DIVISION HQ (IT) Leonard L. Davis Robert S. Davis 95TH DIVISION HQ (IT) Jeffery A.Deutmeyer 4 BDE 9/95 (QM) Daniel C. Elbaum 1 BDE 2/355 (FA) (-) Rhonda J. Franklin 1 BDE 2/355 (FA) (-) Lionel J. Gaudet 2 BDE 1/378 (BCT) (-)





Promotions

continued

Shawn A. Graham 1 BDE HQ (FA) Cecilio Guerra 1 BDE 2/355 (FA) (DET 1) Jaclynn M. Hahn 3 BDE 2/95 (MP) Renay Y. Hankins 6 BDE 9502 TNG DET(NCOES) Christopher A. Hansen 2 BDE 1/378 (BCT) (DET 1) Carla J. Harris 4 BDE 7/95 (PERS SVC) Lori S. Heggins 4 BDE 8/95 (TC) Jason W. Henry 2 BDE HQ (BCT) Sonqua D. Hill 5 BDE HQ (HS) Joseph C. Hoen 7 BDE 1/379 DET 1 Rvan G. Hord 2 BDE 1/378 (BCT) (-) William A. Howell 95TH DIVISION HQ (IT) Donald L. Johnson Jr. 3 BDE 2/95 (MP) Seth A. Johnson 2 BDE 2/377 (BCT) Gerald L. Joiner 7 BDE 2/379 (Q/T) (DET 2) Kevin T. Killman 4 BDE 7/95 (PERS SVC) 7 BDE 3/379 (LOG SPT) Erik A. Kropf Theodocia R. Latham 7 BDE 2/379 (CMTE) (-) Jerry J. Lazzari 3 BDE 1/95 (INST) (DET 1) James T. Lejeune 2 BDE 1/378 (BCT) (-) Nikolas P. Long 2 BDE 3/378 (BCT) Robert A. Lujan 3 BDE 1/95 (INST) (DET 1) Victor Nava 3 BDE 1/95 (INST) (DET 1) Michael J. Newton 2 BDE 1/378 (BCT) (DET 1) Brent E. Nowlin 4 BDE 9501 TNG DET (ORD) Brian D. Polson 1 BDE 2/355 (FA) (DET 1) Oscar L. Rayford Jr. 7 BDE 2/379 (CMTE) (-) Christopher C. Rhoades 1 BDE 1/354 (FA) (DET 1) 1 BDE 3/355 (FA) (DET 1) Paul R. Roberts Stephen C. Rudd 3 BDE 1/95 (INST) (DET 1) Shannon W. Ruth 7 BDE 2/379 (CMTE) (-) Jeremy M. Salsbury 1 BDE 1/354 (FA) (-) Linda M. Schiller 1 BDE 2/354 (FA) 4BDE 9501 TNG DET (ORD) Jose R. Serrano Gregory L. Smith 7 BDE 1/379 (-) Julani R. Stribling 5 BDE 13/95 (NHS) Timothy A. Travis 1 BDE 2/354 (FA) Jared V. Tschetter 6 BDE 9502 TNG DET(NCOES) Jeremy R. Tschetter 6 BDE 9502 TNG DET(NCOES) Darlene E. Ward 4 BDE 7/95 (PERS SVC) 4 BDE 7/95 (PERS SVC) Dana White Bernard Yaggy 3 BDE 1/95 (INST) (DET 1) Veronica L. Zervan 6 BDE 9502 TNG DET(NCOES)



Kendra M. Bailey Scott D. Baldwin Leopoldo R. Banda Jr. Justin G. Barnett 3 BDE 1/95 (EN) (-) 8 BDE HQ (SROTC) 5 BDE HQ (HS) 3 BDE 1/95 (INST) (DET 1)

Christian T. Baughman Kalvin D. Bowman Thomas B. Brashier David W. Burdrick Theresa M. Bureau Ed Calvin Jr. Jeremy A. Cash Markus L. Chamberlin Roger W. Crook Bracev R. Dangerfield Clint R. Davidson Darrel P. Davis Laquita L. Decoteau Dawnielle N. Dockery Anthony M. Dunlap Heather A. Elias Scot M. Frazer Randall T. Freeman Jr. Taci L. Gilliam Marian D. Gutierrez Alvis R. Hamilton Jr. David W. Harper Mikelle E. Hornsby Adren A. Jackson Tanva M. James Chad E. Johnson Seth A. Keller Darrell D. Lobaugh Justin C. Mahaffay Angela M. McClain Raymond P. McDowell Lawrence B. McKenna William C. Melbourne Jr. Jose G. Mendez Brian L. Moore Chadwick S. Moran Shawn W. Morsbach John C. Pollard Ronald W. Ramage Richard D. Raney Joseph J. Sarrington Benjamin P. Schuster Joseph A. Steele Philip R. Thrash Joel A. Torres Jr.

Chelsee D. Vantrease

Thomas E. Vaughn

Tanisha L. Williams

Daniel P. Windle

Gregory D. Willingham

Tarkisha A. Woodard

2 BDE 1/377 (BCT) 2 BDE 2/378 (BCT) 1 BDE 1/354 (FA) (-) 2 BDE 3/378 (BCT) 6 BDE 9502 TNG DET(NCOES) 2 BDE 1/378 (BCT) (-) 95 DIV BAND 3 BDE 1/95 (INST) (DET 1) 4 BDE 9/95 (QM) 7 BDE 1/379 DET 1 3 BDE 3/95 (SC) 2 BDE 1/378 (BCT) (-) 7 BDE 1/379 (-) 7 BDE HQ (TS) 2 BDE 1/377 (BCT) 4 BDE 7/95 (PERS SVC) 95TH DIVISION HQ (IT) 2 BDE 1/377 (BCT) 7 BDE 2/379 (CMTE) (-) 4 BDE 7/95 (PERS SVC) 7 BDE 2/379 (CMTE) (-) 3 BDE 3/95 (SC) 7 BDE 1/379 DET 1 1 BDE 1/354 (FA) (-) 3 BDE 3/95 (SC) 7 BDE 3/379 (LOG SPT) 2 BDE 2/377 (BCT) 7 BDE 3/379 (LOG SPT) 7 BDE 1/379 DET 1 7 BDE 1/379 (-) 2 BDE 1/378 (BCT) (-) 2 BDE 2/377 (BCT) 3 BDE 3/95 (SC) 2 BDE 1/378 (BCT) (-) 2 BDE 1/378 (BCT) (DET 1) 3 BDE 1/95 (INST) (DET 1) 4 BDE 9/95 (QM) 1 BDE 3/355 (FA) (DET 1) 2 BDE 1/377 (BCT) 3 BDE 1/95 (INST) (DET 1) 2 BDE HQ (BCT) 2 BDE 1/377 (BCT) 2 BDE 1/377 (BCT) 1 BDE 2/355 (FA) (-) 5 BDE HQ (HS) 4 BDE 9/95 (QM) 1 BDE 1/355 (FA) (-) 7 BDE HQ (TS) 2 BDE HQ (BCT) 2 BDE 3/378 (BCT) 3 BDE 3/95 (SC)





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Lewis G. Bouwman II	1 BDE 3/355 (FA) (-)
Rodney E. Gerald	1 BDE 1/355 (BCT) (DET 1)
Christopher R. Gregory	1 BDE 1/355 (FA) (-)
George M. Grubb	2 BDE 1/378 (BCT) (-)
Dewey A. Johnson	1 BDE 3/355 (FA) (-)
Paul K. McDaniel	2 BDE 3/378 (BCT)
Richard D. Murray	1 BDE 2/355 (FA) (-)
Stanley P. Swendrowski	1 BDE 3/355 (FA) (-)
Byington D. Taylor	1 BDE 3/355 (FA) (DET 1)
Gilbert L. Williamson	2 BDE 1/378 (BCT) (-)
Daniel R. Abrego	95 DIV BAND
Marcus A. Bedford	4 BDE 8/95 (TC)
Sherrell S. Butler	4 BDE 8/95 (TC)
Latishia R. Caldwell	2 BDE 2/378 (BCT)
Clarece D. Campbell	2 BDE HQ (BCT)
Caleb R. Collier	95 DIV BAND
Spencer Cox	4 BDE 9/95 (QM)
Mona L. Davis	2 BDE 1/378 (BCT) (-)
Lisa K. Ford	4 BDE HQ (CSS)
Ina L. Gonzalez	2 BDE HQ (BCT)
Frederic A. Hancock	1 BDE 3/355 (FA) (-)
Brittany K. Haynes	3 BDE 2/95 (MP)
Stephanie C. Hengle	5 BDE 10/95 (LPN) (DET 1)
Joshua O. Herlan	3 BDE HQ (CS)
Terry A. Holland	7 BDE 2/379 (CMTE) (-)
Renee S. Marion	6 BDE 11/95 (C&GS) (-)
Brandon W. McDaniel	2 BDE 1/377 (BCT)
Emily K. Molpus	3 BDE 6/95 (MI)
Likita R. Moore	2 BDE 3/378 (BCT)
Martina A. Morris	4 BDE 8/95 (TC)
Sheri D. Muehr	7 BDE 3/379 (LOG SPT)
Jason W. Null	2 BDE 1/377 (BCT)
Michelle D. Parish	7 BDE 1/379 (-)
Jonathan Richardson	7 BDE 2/379 (CMTE) (-)
Stephen C. Richardson	1 BDE 1/355 (FA) (-)
Gregory A. Roark	7 BDE 2/379 (CMTE) (-)
April M. Rowell	95TH DIVISION HQ (IT)
Frazier Santiago	1 BDE HQ (FA)
Michael L. Simmons	2 BDE 1/377 (BCT)
Robert S. Smith	2 BDE 1/377 (BCT)
Jessica L. Strayer	3 BDE 2/95 (MP)
Tamika Thompson	4 BDE 8/95 (TC)
Gabriel C. Underwood	7 BDE 3/379 (LOG SPT)
Cory A. Valentine	7 BDE 3/379 (LOG SPT)
Mark R. Ware	1 BDE 1/355 (FA) (-)
Ingrid S. Wells	1 BDE HQ (FA)
Nicholas L. Zumwalt	2 BDE 1/377 (BCT)
Courtney D. Adams	7BDE 3/379 (LOG SPT)
Latoyia E. Adkins	2 BDE 3/377 (BCT)
Mark J. Ball	2 BDE 1/377 (BCT)
Tonya M. Bethel	2 BDE 1/377 (BCT)
Jason A. Bierman	2 BDE 1/377 (BCT)
4 Manual and L. Dana da and	2 DENEZ /270 /D/ YEV

Christian J. Bouchard

Lakeshia C. Bragg 5 BDE 13/95 (NHS) Levi A. Burgett 95 DIV BAND Raymundo F. Calderon Jr. 3 BDE 5/95 (CA/PO) Rashawnda S. Clugston 7 BDE 1/379 (-) Michelle L. Davis 95TH DIVISION HQ (IT) Christopher A. Davison 2 BDE 1/377 (BCT) Angela L. Dillard 2 BDE 3/378 (BCT) Noble J. Diven 2 BDE 3/378 (BCT) Cynthia J. L. Domebo 7 BDE 3/379 (LOG SPT) Jeffrey L. Franklin 7 BDE 3/379 (LOG SPT) Cassandra L. Goetzcke 3 BDE HQ (CS) Carlos Gonzalezvillarreal 3 BDE 5/95 (CA/PO) Tacarra L. Green 4 BDE 8/95 (TC) Alfred J. Hancock 2 BDE 1/377 (BCT) Katherine C. Jordanlewis 4 BDE HO (CSS) David G. Kaylor 7 BDE 3/379 (LOG SPT) Christina J. Long 2 BDE HQ (BCT) Darrell C. Martin 2 BDE 1/377 (BCT) Rachael S. McDonald 95 DIV BAND Adam L. McGaugh 2 BDE 3/377 (BCT) Eddie J. Myers Jr. 2 BDE 2/378 (BCT) Eric R. Nabinger 7 BDE 1/379 (-) Hilary D. Nation 2 BDE 3/378 (BCT) Erin M. Richardson 2 BDE 1/377 (BCT) Quintina M. Robinson 2 BDE 2/378 (BCT) Marquis C. Rogers 1 BDE 3/355 (FA) (-) Mark L. Ryan Jr. 2 BDE 1/377 (BCT) Evangeline Y. Singleton 2 BDE 2/378 (BCT) Marissa Sosa 5 BDE 10/95 (HS) (-) Joshua E. Tyler 2 BDE 1/377 (BCT) Amiee N. Walker 2 BDE 2/378 (BCT) Cody A. Whitmore 2 BDE 1/377 (BCT) Jason D. Woodward 1 BDE 1/354 (FA) (-) Kory L. Brandon 2 BDE 1/377 (BCT) Cory D. Bullis 2 BDE 1/377 (BCT) Frances T. Dennison 3 BDE 3/95 (SC) Robert P. Dove 7 BDE 3/379 (LOG SPT) Eric E. Fitzgerald 4BDE 9501 TNG DET (ORD) Justin G. Fontenot 3 BDE 2/95 (MP) Steven J. Frain 2 BDE 2/377 (BCT)

2 BDE 3/378 (BCT)

2 BDE 2/377 (BCT)

5 BDE 10/95 (HS) (-)

95TH DIVISION HQ (IT)

95TH DIVISION HQ (IT)

6 BDE 11/95 (C&GS) (-)

7 BDE 1/379 (-)

7 BDE 1/379 (-)

4 BDE 8/95 (TC)

3 BDE HQ (CS)

7 BDE 1/379 (-)

2 BDE 1/377 (BCT)

7 BDE 2/379 (CMTE) (-)



2 BDE 3/378 (BCT)

Ross L. Henry

Sarah J. Hoffer

Gary F. Hynson

Claudia J. Kerian

Daniel O. Moreno

Austin W. Reynolds

James M. Swarthout

Anthony L. Wyatt

Douglas L. Woodruff III

Hunter J. Parker

James D. Pryor

John J. Lyons

Murcia D. J. Jimenez



IRONMAN Fact

379th Infantry Lineage

- Constituted 5 September 1918 in the national Army as 379th Infantry, an element of the 95th Division
- Organized 25 September 1918 at Camp Sherman, Ohio.
- Demobilized 10-20 December 1918 at Camp Sherman, Ohio.
- ☐ Reconstituted 24 June 1921 allotted to the Organized Reserves, and organized in November 1921 at Enid, Oklahoma as an element of the 95th Division.
- Ordered into active military service 15 July 1942 at Camp Swift, Texas.
- ☐ Inactivated 12 October 1945 at Camp Shelby, Mississippi.
- ☐ Activated 12 February 1947 with Headquarters at Hot Springs Arkansas. (Headquarters changed to Little Rock, Arkansas, 31 January 1955.)
- ☐ Redesignated and reorganized 1 April 1959 as 379th Regiment (Basic Combat Training); an element of the 95th Division (Training).
- ☐ Elements of 7th Brigade's 1st & 2nd Battalion, 379th Regiment mobilized to Fort Sill, Okla, 18 October 2001.
- ☐ 43 soldiers from 1st & 2nd battalions, 379th Regiment were demobilized back to Oklahoma City and Arkedelphia, Ark. respectfully, 17 October 2002.

95th Division (IT) Public Affairs Office 5316 So. Douglas Blvd. Oklahoma City, OK 73150

Affix Postage